

MARCH 2023

RIO PROJECT RESILIENCE SNACK

Questions or concerns
 Contact Nutrition Services
 (530) 743-4428 or
mdeleong@elusd.org

Monday



Tuesday

Wednesday

Thursday

Friday

Goldfish Crackers = 1G
 Juice = 3/4C F
 *Students must take all items

Bagel = 2G
 w/ cream cheese
 Milk = 8oz
 *Students must take all items

Pretzel Twists = 1G
 Juice = 3/4C F
 *Students must take all items

Tortilla Chips = 1G
 w/ salsa = 1/4C V
 Juice = 3/4C
 *Students must take all items

Rice Krispies Treats = 1G
 Milk = 8oz
 *Students must take all items

Grahams = 1G
 Juice = 3/4C F
 *Students must take all items

Pop tart = 1G
 Milk = 8oz
 *Students must take all items

Cheez Its = 1G
 Juice = 3/4C F
 *Students must take all items

Cereal Bar = 1G
 Milk = 8oz
 *Students must take all items

Goldfish Pretzels = 1G
 Juice = 3/4C F
 *Students must take all items

Chocolate Chip Oatmeal Bar = 1G
 Milk = 8oz
 *Students must take all items

Muffin = 2G
 Milk = 8oz
 *Students must take all items

Snack Mix = 1G
 Juice = 3/4C
 *Students must take all items

Bagel = 2G
 w/ cream cheese
 Milk = 8oz
 *Students must take all items

Pretzel Twists = 1G
 Juice = 3/4C F
 *Students must take all items

Rice Krispies Treats = 1G
 Milk = 8oz
 *Students must take all items

Tortilla Chips = 1G
 w/ salsa = 1/4C V
 Juice = 3/4C
 *Students must take all items

Grahams = 1G
 Juice = 3/4C F
 *Students must take all items

Cheez Its = 1G
 Juice = 3/4C F
 *Students must take all items

Cereal Bar = 1G
 Milk = 8oz
 *Students must take all items

Please be advised – All menus are subject to change without notice due to ongoing nationwide food supply shortages and product unavailability. We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.